



2016 OFFICERS

COMMODORE	Dave Whealon	(920) 960-8457
VICE COMMODORE	Dan Thornton	(920) 929-9363
SECRETARY	Mike Mahnke	(224) 406-3139
TREASURER	Marty Witt	(920) 642-3305

MISSION STATEMENT - *The mission of the Fond du Lac Sailing Club is to provide sailing events for the recreation, challenge, and pleasure of the membership, while promoting safety, fellowship and an opportunity to improve sailing skills and knowledge.*

COMMODORE'S COMMENTS

By the time you get this our racing season will be officially over. That is a sad statement but thru the smart thinking of Dave Dochterman and members who voted to extend to cruiser season another 3 weeks without my approval I say very well done.

The Redeye season is something new this fall and we had a great time participating. The idea is all the boats are still in the water why not sail a few more weeks. Brilliant! The rules are Redeye Chairman Dochterman will evaluate the weather 2 hours before the start, a course will be chosen and staggered times will be emailed to the fleet so you can get to the starting line on time. One additional rule was voted in by sailing veteran Dave Lallier. Winner Buys! That can change your strategy considerably. There were three races sailed and the results were Animae - \$20.00 Team Zissou -\$10.00

I20 Nationals were sailed at Green Lake the weekend of the September 17th Fond du Lac was well represented by Sam Whealon, Jack Boatman/Brian Carter, Andy Gratton/ Jean Dochterman, Dave Whealon/Paige Whealon, and Kevin Gratton/Dave Dochterman. Green Lake put on a great regatta and generally had great conditions. 7 races were sailed with Ben Herdrich the winner.

Frostbite was sailed on Sept 24 th 6 boats sailed in beautiful condition's. Jack Boatman winner by a boat length over Animae followed by Team Z.

Craig Callis did an outstanding job cleaning the lasers and we had plenty of help to load the

trailer on September 13th Commodore Whealon offer free drinks tomorrow which helped the attendance but was met with some resistance. A protest was called and a majority didn't approve of the wordsmithing. Drinks bought.

There is plenty of good sailing to be had yet and when you are close to being done there is a schedule book at the YC for lift out appointments.

Next event after this month's meeting Awards Banquet November 5th at the YC invitations will be out shortly

-Dave Whealon

EDITORS NOTE**FOND DU LAC SAIL CLUB WEBSITE**

To see the calendar, past mainsheets, race results, and more, go to:

<http://www.fdsail.com>

If you have sailing club related events, please let me know and I can add them to the Sailing Club Calendar.

NEXT MEETING

***Sailing Club Meeting
October 6th @ 7:00pm***

SPECIAL NOTE:

Please bring snacks or treats to share after the meeting



Mainsheet

Minutes of the FDL Sailing Club meeting

September 8th, 2016

The meeting was called to order at 7:01 p.m. by Vice Commodore Dan Thornton. Eleven members were in attendance with no guests.

Secretary's Report

A motion to accept the Minutes of the August Sailing club was made by Dave Dochterman and seconded by Jack Boatman. The motion carried and the minutes were approved as written.

Treasurer's Report

Dan Thornton provided an overview of the treasurer's report for Marty Witt. Dochterman moved to accept the treasurer's report and Boatman seconded the motion. The motion carried and treasurer's report was accepted.

Committee Reports

Day Sailors: Jack Boatman reported Day sailors did not meet prior to the general membership meeting and had no report.

Cruisers: Scott Baccus reported that the cruisers did meet prior to the meeting and went over race results. They also had discussions about fun races for Cruisers on Thursday nights.

Youth Sailing: Kevin Gratton reported that while it was a very successful summer program, he would like to see more youths in the Tuesday classes (Tuesdays are for advanced youth – moving them from Open Bics to Lasers.

Kevin also led the discussion on who (from youth sailing) should be invited to attend the Banquet and change of watch in November. (How many to invite and how many would the club pay for?) For the October meeting, Dan Thornton and Paul Kaestner will come up with a list of youths and parents.

Kevin also identified the need for an administrator for the youth sailing program. He would like to focus on the teaching aspect. With the growth of the program, it has become too much to try and do the teaching and the administration. Kevin and Dan will bring this up at the Youth Sailing meeting on September 29th

– to share with parents and see if they might have some suggestions and/or volunteers.

Dave Dochterman brought up an idea that our Wednesday "fun nights" be converted to Parent/Kid night on a "big" sailboat. Others suggested it be any boat. Some discussion ensued after – but no motions were made.

Old Business

Pro-start: Scott Baccus updated the discussion on replacing the pro-start. He reported that Jim Braun contacted the website and found a horn assembly for the pro-start for \$99.00 and \$13.00(S&H) – and so the \$650 that was authorized for the purchase won't be necessary. The horn assembly was ordered.

Poker Run Sail: Dave Dochterman reported that due to the weather – it had to be canceled. The Dochterman's donated the non-perishable food to the FDL Food Pantry in the Sailing Club's name. Dave suggested we consider having the Poker run earlier in the season next year.

New Business

RETURN TROPHIES: Last year's award/trophy winners will need to return the traveling trophies at the October meeting.

Officer Nominations: Scott Baccus (in proxy for Dave Kuharski) provided the required solicitation of and reporting of Officer Nominations at the meeting. The following members were nominated and accepted the nominations for the following positions: Dave Whealon Commodore, Dave Dochterman Vice Commodore, Mike Mahnke Secretary and Marty Witt Treasurer. It should be noted here (since I can) that Mike Mahnke reported that this would be his last year as secretary.

"Red Eye" Series for cruisers: Dave Dochterman volunteered to head up an effort for those who wanted to sail for fun on Thursday nights beyond the regular sailing season. He would use Sail flow to predict the course. The PHRF ratings would be used for staggered starts and no race committee would be necessary. Interested sailors should contact Dave.

Mainsheet

For The Good Of The Club

Don Callas needs some volunteers to be at the club on Christmas - if you can – contact Don for details.

Dave Dochterman had a chance to participate in the Sheboygan Regatta and recommended it to members for next year.

Flowers are being sent as get well wishes to long time member and father of members Marty and Reuben Witt

Adjournment

Scott Baccus moved to adjourn with a second by Dave Dochterman. The motion carried unanimously and the meeting adjourned at 8:03.

Respectfully submitted,

Mike Mahnke

Growing the sport: Shattering Myths about Sailing

Musto.com, by Ian Walker

Ian Walker, whose pockets are filled with two Olympic silver medals and a Volvo Ocean Race win as skipper of Abu Dhabi Ocean Racing, is eager to see people give sailing a try. [Here he comments...](#)

Sailing has given me a lifetime of enjoyment and the pleasure of travelling all over the world meeting new people. What I like about sailing is the balance of a physical, technical and mental challenge. In some ways it really is like playing chess on water, but getting a good workout and lots of fresh air at the same time.

But unlike kicking a football it can appear to be a difficult sport to get started in. So how do you get started and is sailing really a sport for all? I am going to start by shattering a few myths.

Myth 1 – “You have to start young”

As in any sport, you learn faster and it comes more naturally when you are young. But the beauty of sailing is that you can sail well into retirement and everyone can find a boat to suit them. One member of my victorious Volvo Ocean Race crew didn't start sailing until he was 19.

Myth 2 – “You have to be really strong to be good at sailing”

Obviously national teams are not only highly skilled but also very athletic these days and some jobs on a keelboat require huge physical strength. But there are lots of different jobs and some need to be done by lighter more nimble crew. Your power to weight ratio is often important and this is one reason why girls can compete so equally with men. Britain's most famous sailor Dame Ellen MacArthur sailed around the world several times and she is tiny!

Myth 3 – “You have to be rich to sail”

It's true that flash racing yachts cost a lot of money, but then so do top racing cars. Many boat owners are often looking for crew and willing volunteers are rarely refused. Second hand boats can be the same price as a set of golf clubs and my sailing club membership costs no more than one round of golf at a top golf course!

Myth 4 – “It is not a sport for girls”

Nothing could be further from the truth and one of the great things about sailing is how men and women compete on equal terms. It is not embarrassing to be beaten by the ladies, although we obviously fight hard to not let it happen!

Myth 5 – “You get cold and wet sailing”

Well I can't promise that you won't get your hair wet but if you buy the right sailing clothing you should stay warm and dry all year round.

Mainsheet

Myth 6 – “If you haven’t sailed before you will be sea sick”

Maybe you will – but that is nothing to do with how much you have sailed before. In my experience about 20% of people get very sick and this is probably not the sport for them. Of the rest half will rarely ever feel ill and the others can manage it with drugs or homeopathic treatments. Some of the best sailors in the world get sea sick – including half of my Round the World crew!

Myth 7 – “You have to buy a boat to go sailing”

Again this isn’t true. You can start by doing “learn to sail” courses. Clubs often have some club boats you can borrow – especially for the juniors. If not you can start like I did by crewing for other people in their boat.

Myth 8 – “Sailing is a dangerous sport especially if you can’t swim”

Being able to swim is a good idea for everyone and perhaps going sailing will motivate you to learn. If not, you should always wear a lifejacket that will keep you afloat if you fall in. The only other real risk is banging your head on the boom and for beginners it can be good to wear a helmet until you understand about the wind.

Myth 9 – “You will get shouted at if you don’t know what you are doing”

Sadly there are some idiots who like to shout at their crew or other boats, just like there are parents who abuse game officials at youth sports. Sailing is generally a very friendly social sport and people will go out of their way to help you. The top sailors love to tell you how they won the race so you can learn a lot by listening!

Myth 10 – “you have to live by the sea”

You do not have to live by the sea as there are many lakes, reservoirs, and rivers that have sailing clubs. I never sailed on the sea until I was 14 and Ellen MacArthur grew up in Derbyshire – about as far from the sea as you can get.

One obvious way to get started is to complete a recognized dinghy or yacht sailing course at a club or sailing school near you. This is not the only way though. Crewing for someone who knows what they are doing is an excellent way to learn and that is how I started in a Mirror dinghy when I was 8 years old. The best advice I can give is to find your nearest sailing club and get down there and meet the members. They should be welcoming to potential new members and they often have taster days.

For kids it is even easier as most sailing clubs probably have junior programs and junior sailing regattas. They often have club boats for kids to borrow. My kids absolutely love sailing in Junior Fortnight at our club, not so much for the sailing, but for the chance to hang out and enjoy the social side with boys and girls of their own age. There is no better feeling as a parent than to see your kids learning new skills and enjoying the new life skills that sailing brings.

For newcomers sailing can appear daunting and confusing, not least because sailors seem to speak a different language. Every part of the boat and sails has a specific name and so do all the maneuvers. If you don’t know your luff from your clew or your gybe set from your windward side, don’t panic! Things can be explained simply and ‘pulling the red one’ is just as acceptable as ‘tailing the spinnaker halyard!’

All these words give an impression of a whole new world of knowledge and skill, but believe me you will pick it up fast. And the people who sound all knowledgeable often know less than you may think – we all started somewhere!

MAINSHEET EDITOR & WEBMASTER

Hank Lieurance - Mainsheet Editor

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FOND DU LAC SAIL CLUB WEBSITE

To see the calendar, past mainsheets, race results, and more, go to:

<http://www.fldsail.com>

Mainsheet

FOND DU LAC YACHT CLUB WEBSITE

To see the YC calendar and other things going on at FDLYC, go to:

<http://www.fdyachtclub.com>



CLUB REMINDERS:

***Happy Hour** @ the Club ½ price drinks!
(4-8pm every Wednesday & Friday)



Buy a Boat – Sell a Boat
Get a Boat for FREE ~

FOR SALE: Miscellaneous Sailboat parts. Some are specific to Lightning's. Pictures and more information at:

http://www.elmoandbigsue.com/For_Sale/For_Sale.htm

or call Mike Elmergreen at 920.872.5079 or email at elmo@centurytel.net

FOR SALE: Columbia 29 MK II

Into the Wind is a classic sloop that is a treat to sail. The beautiful hand laid teak deck receives admiring looks in any harbor. The rigging makes single-handed a breeze. The Universal Kubota diesel engine is a great upgrade with only 249 hours.



Includes:

Universal (Kubota) diesel engine M3-20B (249 hours). Schaffer Roller Fuller. Boom kicker with boom vang. Hoyt jib boom. 3 Roller blocks. Harken jib tracks. All lines led aft. Spinlock cam cleats. Lazy Jacks.

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Earl Jewett 204-1299 or earljewett5@gmail.com

SELLING A BOAT?

If you are selling a boat, Mike Elmergreen will put it on his website at no-charge: www.elmoandbigsue.com (navigate to "Boats for Sale"). Just send pictures and a write-up by email to elmo@centurytel.net.

